

# Sample Schedule

## • Grades K-5 •

A student might use this schedule Monday through Friday.

<i>Time</i>	<i>Activity</i>
<b>8:30 am</b>	Wake up!
<b>8:30 – 9:00</b>	Breakfast & get ready for the day
<b>9:00 – 9:15</b>	Morning Meeting
<b>9:15 – 10:15</b>	Math
<b>10:15 – 10:30</b>	Break Time ( <i>Watch a YouTube video!</i> )
<b>10:30 – 11:30</b>	Language Arts
<b>11:30 – 12:15 pm</b>	Lunch & Break Time ( <i>Ride a bike!</i> )
<b>12:15 – 1:15</b>	Elective #1 and i-Ready
<b>1:15 – 2:15</b>	Science
<b>2:15 – 2:30</b>	Break ( <i>Have a snack!</i> )
<b>2:30 – 3:30</b>	Elective #2 and/or Independent Reading
<b>3:30 – 4:30</b>	Social Studies
<b>4:30 – 4:45</b>	Afternoon Meeting
<b>4:45 – bedtime</b>	Family Time!

- Elementary students can expect to spend about 6 hours each day, or about 30 hours a week, engaging in online schooling.
- Learning Coaches who support their child(ren) as a Learning Coach can expect to spend about
  - » 6 hours each day for Kindergarten and first grade child(ren)
  - » 4–5 hours each day for second and third grade child(ren)
  - » 3–5 hours each day for fourth and fifth grade child(ren)
- Elementary students typically need more support at the beginning of the year and tend to show more independence as the school year progresses.



# Sample Schedule

## • Grades 6–8 •

A middle school student might use this schedule  
Monday through Thursday & Saturday.

<i>Time</i>	<i>Activity</i>
<b>9:00 am</b>	Wake up!
<b>9:00 – 9:30 am</b>	Breakfast & get ready for the day
<b>9:30 – 9:45</b>	Morning Meeting
<b>9:45 – 10:45</b>	Math Class
<b>10:45 – 11:45</b>	Language Arts
<b>11:45 – 12:15 pm</b>	Lunch & Break Time ( <i>Watch a show!</i> )
<b>12:15 – 1:15</b>	Elective #1
<b>1:15 – 2:15</b>	Science
<b>2:15 – 2:30</b>	Break ( <i>Check in with a friend</i> )
<b>2:30 – 3:30</b>	Elective #2
<b>3:30 – 4:30</b>	Social Studies
<b>4:30 – 4:45</b>	Afternoon Meeting
<b>4:45 pm and later</b>	Family Time, Extracurricular activities

- Middle school students can expect to spend about 6 hours each day, or about 30 hours a week, engaging in online schooling.
- Learning Coaches who support their sixth through eighth grade child(ren) as a Learning Coach can expect to spend about 3–4 hours actively supporting their child(ren) each day.
- Middle school students typically need more support at the beginning of the year and tend to show more independence as the school year progresses.



# Sample Schedule

## • Grades 9-12 •

A high school student might use this schedule  
Tuesday through Friday & Sunday.

<i>Time</i>	<i>Activity</i>
<b>10:00 am</b>	Wake up!
<b>10:00 – 10:30 am</b>	Get ready, Breakfast, & Morning Meeting
<b>10:30 – 11:30 am</b>	Math Class
<b>11:30 – 12:30 pm</b>	Language Arts
<b>12:30 – 1:00 pm</b>	Lunch & Break Time
<b>1:00 – 2:00 pm</b>	Elective #1
<b>2:00 – 3:00 pm</b>	Science
<b>3:00- 3:15 pm</b>	Break
<b>3:15 – 4:15 pm</b>	Social Studies
<b>4:15 – 5:15 pm</b>	Elective #2
<b>5:15 – 5:30</b>	Afternoon Meeting
<b>5:30 pm and later</b>	Work, Family Time, Extracurricular activities

- High school students can expect to spend about 6 hours each day, or about 30 hours a week, engaging in online schooling.
- Learning Coaches who support their ninth through twelfth grade child(ren) as a Learning Coach can expect to spend about 30-90 minutes a day actively supporting their child each day.
- High school students typically need more support at the beginning of the year and tend to show more independence as the school year progresses.

